

The Spa at The Herrington

Massage Expressions

The Herrington Massage

Begin our signature treatment with a relaxing foot soak using your choice of scented salts. You will continue your service with a full body massage that incorporates heated towels infused with milk and honey to moisturize the skin and warm the muscles.

90 minutes \$140

The Genevan

Experience a nurturing aromatherapy massage using pure essential oils. A variety of essential oils are available to tailor this massage to your specific needs.

60 minutes \$105 ~ 90 minutes \$135

Swedish Massage

A classic, full-body relaxation massage using gentle to moderate pressure with long, tension releasing strokes. Relieves stress, muscle aches and improves circulation.

60 minutes \$100 ~ 90 minutes \$130

Deep Tissue/Sports Massage

This highly therapeutic massage uses deep pressure to ease muscle soreness and tension. Specifically concentrates on problematic areas to soothe and relieve pain.

60 minutes \$115 ~ 90 minutes \$140

Pregnancy Massage

Performed by specialized massage therapists, this much-needed massage reduces stress to the weight bearing joints, back, neck, and shoulders. Massage cannot be offered in the first trimester.

60 minutes \$100

Neck & Shoulder Massage

A combination of techniques are incorporated to ease and comfort muscle tension in your back, neck and shoulders.

30 minutes \$60

Couples Massage

Enjoy a Swedish, Deep Tissue, Aromatherapy or River and Stone Massage together in the spa. It will be a romantic way to experience a massage with your loved one.

60 minutes \$100 per person ~ 90 minutes \$130 per person

In-Room Massage

Relax in the comfort of your own room as the spa is brought to you. Choose between a Swedish, Deep-Tissue, Genevan, or River and Stone Massage for 60 or 90 minutes. Add a \$25 to experience your massage within the comfort of your own room.

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River and Stone Expression

River & Stone Radiance

This treatment is the ultimate in holistic relaxation for the skin and the senses. A complete head-to-toe treatment using heated stones and aromatic massage oil to stimulate energy flow. Allow yourself to be transported to a far away place of pure serenity and harmony.

60 minutes \$130 ~ 90 minutes \$160

Facial Expressions

Sonya Dakar Ultra Luxe Facial

You are never too young to experience Sonya Dakar's most luxurious and innovative age control facial. This facial combines 9 anti-aging ingredients to form one of the most potent age control systems available. Regenerate your skin and diminish fine lines and wrinkles, revealing a younger, fresher looking you.

75 minutes \$150

Sonya Dakar Fitness Facial

Experience the "boot camp" of all facials! This result-oriented treatment is designed to get your skin into shape and leave it feeling healthier than ever. Our skilled aestheticians will assess your skin type and proceed with the proper treatment leaving you with immediate results.

60 minutes \$120

Add a custom peel \$50

Sonya Dakar Custom Peel

This effective, yet non-abrasive peel combines pure green tea and wheatgrass extracts with lactic acid. Rich in vitamins and antioxidants, this treatment produces amazing results. Enjoy this peel by itself or add it onto any of our other Sonya Dakar treatments. Great for all skin types.

30 minutes \$70

Sonya Dakar Express Facial

Enjoy a customized express facial with Sonya Dakar products to cleanse, exfoliate, mask and rehydrate your skin. This will be the most effective 30 minutes you will ever receive with immediate results for a healthier complexion.

30 minutes \$60

Add a custom peel \$50

BABOR Custom Facial

This treatment focuses exclusively on varying skin needs. Our Skilled aestheticians will analyze your skin to determine the best course of action with this facial. Great for any skin type because every skin is unique and this treatment is designed completely around you. Your skin will have a new energy, be restored and soothed, with a vitalized and radiant appearance.

60 minutes \$120

Add a custom peel \$50

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BABOR Energizing Crash Facial

This specialized skincare treatment provides instant results. BABOR beauty fluids work to provide the skin with highly concentrated active ingredients which moisturize, protect, and lift. This facial will leave your skin more youthful and radiant than ever before.

30 minutes \$60

Eye Refresher

Three treatments in one to relax eyes and protect from eye strain and sinus congestion.

A real vacation for the eyes!

30 minutes \$45

Back Facial

A deep pore cleansing, exfoliation, massage and masque are designed for an often neglected area. This treatment will leave the skin glowing and hydrated.

60 minutes \$85

Complete Waxing Services

~ Lip	\$15
~ Sideburn	\$20
~ Bikini	\$35
~ Brazilian	\$60
~ Chin	\$20
~ Eyebrow	\$20
~ Full Back	\$65
~ Full Leg	\$65

Body Expressions

Herrington Delight

Enjoy a full body exfoliation using cornmeal, chamomile and soy oil designed to polish your skin. Following a rain shower, heated deep lavender rub will be used for massage which is deeply relaxing for muscle tension and strain. After the massage, you will relax in a full body wrap that will intensify the lavender rub, releasing essential oil vapors of eucalyptus, ginger, rosemary and lavender to penetrate the tissue and open the sinuses.

2 hours \$180

Buttermilk & Honey Body Polish

A full body treatment using buttermilk and honey to rejuvenate the skin and regulate moisture levels. A whipped body mousse is then available to give you an all over glow as the grand finale.

25 minutes \$50

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Forever Young Body Cocktail

This head-to-toe vitamin body wrap is mildly exfoliating and protects against premature aging. If too much sun or other weather conditions challenge your skin, this powerful, healing thermal water and a lifting body cream promise to replenish minerals and restore your natural skin balance.

60 minutes \$105

~Hydrating wrap only, 30 minutes \$50

Chamomile Head-to-Toe

This body treatment is mildly exfoliating to refine and clarify your skin, lift your spirits and energize you. While relaxing in your wrap, your face is cleansed, toned, masked, and moisturized. Creamy whipped body milk is applied for a totally soothing finish.

~60 minutes \$120

~90 minutes \$145

Hand & Foot Revitalization

Hand and Foot Revitalization

A perfect treatment for stressed and overworked hands and feet. Our signature foot bath leads into a full exfoliation, moisturizing massage and a personalized deep heat soothing paraffin mask. Great for those with arthritis.

75 minutes \$100

Activate Your Feet

A surefire way to relax, stimulate circulation, moisturize and refresh tired, stressed, and overworked feet and legs. A stimulating footbath and foot scrub is followed by an active massage up to the knees!

30 minutes \$55

Gentleman's Expressions

Ericsson's Fortifier

A Traditional Foot and Leg Therapy with Hair and Scalp Treatment
Stimulating footbath, traditional foot massage and scalp treatment. Perfect for treating skin exposed to dry or harsh conditions.

60 minutes \$95

Foda's Escape

The ultimate journey in relaxation. We combine the most effective therapies to insure that you leave the Herrington relaxed and ready to face the world.

- Soothing Foot Bath, Foot and Leg Therapy and Traditional Foot Massage
 - Hair and Scalp Treatment
 - Sonya Dakar Fitness Facial
 - Deep Tissue Body Massage
 - Seasonal Berries Melange
- 3 hours \$290

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Spa Day Packages

The Herrington Milk and Honey Revitalizer Signature Treatment Package

- ~ Aromatic Foot Bath and Foot Massage
 - ~ Herrington Massage
 - ~ Milk and Honey Body Polish
 - ~ Chamomile Body Wrap
 - ~ Sonya Dakar Fitness Facial
 - ~ Seasonal Berries Melange
- 3-1/2 hours \$335

Rock Springs Rejuvenator

- ~ River and Stone Radiance Treatment
 - ~ Hand, Foot or Scalp Treatment
 - ~ Sonya Dakar Fitness Facial
 - ~ Seasonal Berries Melange
- 2-1/2 hours \$260

Couple's Retreat

- ~ In-Room Swedish Massage
 - ~ Milk & Honey Oasis Bath
 - ~ Spatini signature drink
- 60 minutes \$270 per couple
90 minutes \$330 per couple

Bride's Bliss

- ~Genevan Massage
 - ~ Forever Young Body Cocktail
 - ~ Activate Your Feet
- 2 1/2 hours \$240